

Then you ... shall celebrate with all the bounty that the LORD your God has given to you and to your house.

**Deuteronomy 26:11**

No evil shall befall you, no scourge come near your tent.

**Psalm 91:10**

The same Lord is Lord of all and is generous to all who call on him.

**Romans 10:12**

He ate nothing at all during those days, and when they were over he was famished.

**Luke 4:2**

**Preacher**

Rev. Gusti Linnea Newquist

**Assistant**

Carol Wood

**Choir Director**

Sheila Melendez

**Accompanist**

Sam Jannotta

**Tech Support**

Mark Nutwell

**To Our Guests**

We are glad you are with us. Please sign the guest book by the front door and fill in a visitor's card from the pew pocket. After the service enjoy a cup of fair trade coffee with friends in the Fellowship Hall.

**THE FONT OF IDENTITY**

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**Introit 467, v. 1-2 (2x)**

*Give us light; give us light; give us light, O Lord.*

*Give us life; give us life; give us life, O Lord.*

**Proclamation**

In life and death we belong to God.

Through the grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit, we

trust in the one triune God, whom alone we worship and serve.

**Call to The Fast**

**\*Hymn 165**

*"The Glory of These Forty Days"*

**Prayer for The Fast**

God is always trying to give good things to us, but our hands are too full to receive them.

**+Response 500, v. 1 (2x)**

*Be known to us in breaking bread, but do not then depart; Savior, abide with us, and spread your table in our heart.*

**Declaration of Grace and Gratitude**

**+\*Response 523, refrain (2x)**

*You satisfy the hungry heart with gift of finest wheat; come give to us, O saving Lord, the bread of life to eat..*

**\*Passing the Peace**

**Blessing the World**

East Timor, Indonesia, Philippines

**Response 527, v. 1 (2x)**

*"Eat this bread; drink this cup; come to me and never be hungry. Eat this bread; drink this cup; trust in me and you will not thirst."*

**First Pew**

**Response 527, v.1 (2x)**

*"Eat this bread; drink this cup; come to me and never be hungry. Eat this bread; drink this cup; trust in me and you will not thirst."*

**Welcome and Parish Life**

**THE WORD OF HOPE**

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**Reading**

**Interlude**

**Lesson**

Matthew 6:17

When you fast, put oil on your head and wash your face.

**Reflection**

*"Grounded in The Fast"*

**\*Hymn 533**

*"In the Singing"*

**THE BREAD OF LIFE**

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**Eucharistic Prayer**

**Offering Our Gifts**

**Offertory**

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**Commissioning the Confirmands**

**\*Credo**

With believers in every time and place we rejoice that nothing in life or in death can separate us from the love of God in Christ Jesus, our Lord.

**\*Sending 471**

*O Lord, hear my prayer. O Lord, hear my prayer. When I call, answer me.*

*O Lord, hear my prayer. O Lord, her my prayer. Come and listen to me.*

*The Lord is my song; the Lord is my praise: all my hope comes from God.*

*The Lord is my song; the Lord is my praise: God, the wellspring of life.*

Fasting is not a renunciation of life; it is a means by which new life is released within us.

**James Earl Massey**

\*Please rise in body and spirit.

**Prayer for The Fast**

St. Augustine

**Lesson Translation**

New Revised Standard Version

Sanctuary flowers provided by many generous donations from the congregation

**Sermons & Information**

shepherdstownpresbyterian.org

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*Shepherdstown Presbyterian Church: An Inclusive Spiritual Community.* We welcome all who long for meaning, hope, and belonging. Our faith & practice are rooted in the way of Jesus and enriched by wisdom from all sources. We are committed to being and becoming people of radical compassion, working for justice and wholeness in ourselves and the world.



**Sunday, March 9 • First Sunday in Lent**

*Deuteronomy 26:1–11, Psalm 91:1–2, 9–16, Romans 10:8b–13, Luke 4:1–13*

8:30 a.m. Early Service of Worship with Communion – Sanctuary

9:30 a.m. Sunday Seminar – Fellowship Hall/Hybrid

11:00 a.m. Service of Worship with Communion – Sanctuary and Facebook Live!  
Sunday Studio – Children K-5th Grade – Classroom

12:15 p.m. Youth Group Gathering – Downstairs

**Tuesday, March 11**

7:00 p.m. SMA Community Read Discussion Group – Trinity Episcopal Church

**Wednesday, March 12**

3:00 p.m. Quaker Mid-Week Worship – Sanctuary/Hybrid

7:00 p.m. Choir Rehearsal – Choir room

**Thursday, March 13**

7:00 p.m. Stated Session Meeting – Fellowship Hall/Hybrid

**Saturday, March 15**

10:00 a.m. Deacon’s Meeting – Fellowship Hall/Hybrid

**Sunday, March 16 • Second Sunday in Lent**

*Genesis 15:1–12, 17–18, Psalm 27, Philippians 3:17–4:1, Luke 13:31–35*

8:30 a.m. Early Service of Worship with Communion – Sanctuary

9:30 a.m. Sunday Seminar – Fellowship Hall/Hybrid

11:00 a.m. Service of Worship with Communion – Sanctuary and Facebook Live!  
Sunday Studio – Children K-5th Grade – Classroom

12:15 p.m. Youth Group Gathering – Downstairs

**SERVICE MUSIC IN LENT:** The Introit, Communion Response, and Blessing the Confirmands Response are from a typical northern Indian *bhajan*, a kind of spiritual song praising the attributes of God. The Response to the Prayer for The Fast refers to the meal at Emmaus shared by the Risen Christ and his two companions on the road. The Response to the Declaration was chosen as the official hymn of the 1976 International Eucharistic Congress. The Sending is from the Taizé community.

**TODAY’S HYMNS:** The text of the Opening Hymn was written by Gregory the Great in the 6th Century and paired with a 16th Century chorale melody from Germany. The Reflection Hymn evokes the interplay of present awareness and timeless meaning that accompanies the Eucharist.

**SHEPHERDSTOWN PRESBYTERIAN CHURCH**

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**Season of Lent**

First Sunday

**March 9, 2025**

11:00 a.m.

**On Fasting**

There’s a hidden sweetness in the stomach’s emptiness.

We are lutes, no more, no less. If the sound box  
is stuffed full of anything, no music.

If the brain and the belly are burning clean  
with fasting, every moment a new song comes out of the fire.

The fog clears, and a new energy makes you  
run up the steps in front of you.

Be emptier and cry like reed instruments cry.

Emptier, write secrets with the reed pen.

When you’re full of food and drink, Satan sits  
where your spirit should, an ugly metal statue

in place of the Kaaba. When you fast,

good habits gather like friends who want to help.

Fasting is Solomon’s ring. Don’t give it  
to some illusion and lose your power.

But even if you have, if you’ve lost all will and control,  
they come back when you fast, like soldiers appearing  
out of the ground, pennants flying above them.

A table descends to your tents,  
Jesus’ table.

Expect to see it, when you fast, this table  
spread with other food, better than the broth of cabbages.

**Rumi**

**SHEPHERDSTOWN PRESBYTERIAN CHURCH**

*Established 1743*

*Radical Hospitality • Holistic Spirituality • Engaged Compassion*

*We Choose Welcome*