

Eucharistic Prayer

The God of The Table is with you.

And also with you.

Lift up your hearts.

We lift them to The God of The Table.

Let us give thanks for This Table Before Us.

*Let this be a table where love and laughter are free,
where bread and wine are shared,
and where every stranger becomes a friend.*

The Mystery of Grace Unfolds:

*Rich dine with poor,
friends dine with enemies,
people of all ages and genders
feast on love:
born in a stable,
transfigured on a mount,
crucified on a hill
and resurrected in our hearts
every time we set this table.*

(continued on the other side ...)

The Host teaches us to pray:

O presence and power within us,

Being and Life of all.

How we are filled,

how we overflow

with infinite love and gladness!

We shall this day

sow grace and peace,

and show mercy to all,

and gentle loving-kindness.

And we shall be

not so self-serving,

but a constant source of giving.

For ours is the essence,

and the wholeness,

and the fullness forever

*Adapted from various sources, including:
the Catholic Worker Movement, Jewish Blessings,*

Hindu Scriptures, Matthew Fox, and

Shaping Sanctuary: Proclaiming God's Grace in an Inclusive Church