

## Prayer for Generational Solidarity

**To Those Who are Here**  
**to Break the Cycles of Generational Trauma, *excerpt***

Dear heart,

I see you.

I see the path your weary hands  
forge into new territory.

I see the struggle inside  
this wilderness of change—

the resistance you feel  
as you work harder

than anyone will ever know, or see,  
to be the catalyst for change.

To be the one who liberates others from  
the heavy chain of dysfunction,  
abuse, and trauma dragged down  
from generation to generation.

The one who places her flag  
upon newfounded land declaring,  
*this ends with me. ...*

Dear heart,

I know there is nothing easy  
about breaking generational cycles.

But, do you see?

The harvest is near.

The harvest is near.

**Kathy Parker**

## **Eucharistic Prayer**

The God of our Ancestors  
and Descendants is with you  
*And also with you.*

Lift up your hearts.  
*Our hearts are bound*

*from generation to generation.*

Let us give thanks to the God of all generations.

*The harvest is near. The harvest is near.*

Great is the mystery of faith  
*Generational trauma is sealed.*  
*Generational trauma is healed.*  
*Generations to come may thrive.*

Earth-maker, life-giver, pain-bearer,  
Source of all that is and all that shall be,  
Father and Mother of us all,  
Loving God in whom is heaven:

May the hallowing of your name  
echo through the universe!

May your heavenly will be done  
by all creatures great and small!

And may your commonwealth  
of peace and freedom  
sustain our hope and come on earth!

With the bread we need this day, feed us.  
For the hurt we inflict on one another, forgive us.  
By your grace and mercy,  
strengthen us through times of temptation,  
and spare us from trials too great to endure.  
Free us from bigotry and evil, for service and truth.  
For you reign in the glory of the power that is Love.  
Amen.

## **Maori Version**

### **Sung Response 544 (11am only)**

*Bless the Lord, my soul,  
and bless God's holy name.*  
*Bless the Lord, my soul,  
who leads me into life.*