## **Litany of Creation**

## **Blessing of Waterby**

## **By Christine Valters Paintner**

Spirit of Living Water, You hold all of creation in your womb And spring us forward onto the earth at birth.

Spirit of the Tides,
Remind me of the rise and fall of your rhythms
So that I may discover them deep within my own being.

Spirit of Greenness,
Bring moistness and vigor to my life
So that I might savor the experience of your energy
Moving through me out into the world.

Blessings of water be upon me.

May I be carried by the flow of the great river of life.

May I discover a hidden spring within, gushing forth,

May I be carried to the shores of the sacred and renewed.

## **Sung Response**

Earth our body, water our blood, air our breath and fire our spirit.